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Guidelines for Cord Blood Unit Selection



Ioannis Politikos^{1,*}, Eric Davis¹, Melissa Nhaissi¹, John E. Wagner², Claudio G. Brunstein³, Sandra Cohen⁴, Elizabeth J. Shpall⁵, Filippo Milano⁶, Andromachi Scaradavou⁷, Juliet N. Barker¹, on behalf of the American Society for Transplantation and Cellular Therapy Cord Blood Special Interest Group

¹ Adult Bone Marrow Transplantation Service, Department of Medicine, Memorial Sloan Kettering Cancer Center, New York, New York

² Blood and Marrow Transplant Program, Department of Pediatrics, University of Minnesota, Minneapolis, Minnesota

³ Division of Hematology, Oncology and Transplantation, University of Minnesota, Minneapolis, Minnesota

⁴ Division of Hematology, Department of Medicine, Maisonneuve-Rosemont Hospital, Montreal, Quebec, Canada

⁵ Department of Stem Cell Transplant and Cellular Therapy, University of Texas MD Anderson Cancer Center, Houston, Texas

⁶ Clinical Research Division, Fred Hutchinson Cancer Research Center & Department of Medicine, University of Washington, Seattle, Washington

⁷ Stem Cell Transplantation and Cellular Therapies, MSK Kids, New York, New York

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Optimal cord blood (CB) unit selection is critical to maximize the likelihood of successful engraftment and survival after CB transplantation (CBT). However, unit selection can be complex because multiple characteristics must be considered including unit cell dose, donor-recipient human leukocyte antigen (HLA) match, and unit quality. This review provides evidence-based and experience-based comprehensive guidelines for CB unit selection. Topics addressed include the use of both the TNC and the CD34⁺ cell dose, as well as the CD34⁺ cell to TNC content ratio to evaluate unit progenitor cell content and engraftment potential, the acceptable TNC and CD34⁺ cell dose criteria that define an adequate single-unit graft, and the indication and acceptable cell dose criteria for double-unit grafts. The acceptable criteria for 6-loci (HLA-A, -B antigen, -DRB1 allele) and 8-allele (HLA-A, -B, -C, -DRB1) donor-recipient HLA match, the evaluation of patients with donor-specific HLA antibodies, and the multiple determinants of unit quality are also reviewed in detail. Finally, a practical step-by-step guide to CB searches and the principles that guide ultimate graft selection are outlined.

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BACKGROUND

Optimal cord blood (CB) unit selection is critical to maximize the likelihood of successful engraftment and survival after CB transplantation (CBT). Greater availability of high cell content quality units has likely contributed to improving CBT outcomes in recent years [1–6]. However, unit selection can be complex because multiple characteristics must be considered. Several reports have previously outlined country and transplant center-specific selection guidelines [7–12]. This review takes a frequently asked question (FAQ) approach to provide evidence-based guidelines for unit selection and experience-based recommendations when evidence is lacking. Additionally, a step-by-step unit selection guide is provided to simplify the process of performing searches and selecting CB grafts (Table 1).

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*Correspondence and reprint requests: Ioannis Politikos, MD, Adult BMT Service, Department of Medicine, Memorial Sloan Kettering Cancer Center, 545 E 73rd Street, Box 61, New York, NY 10021.

E-mail address: politiki@mskcc.org (I. Politikos).

FAQ1: What Unit Characteristics Must Be Considered in CB Graft Selection?

Expert centers do not have a uniform approach to unit selection but agree upon the following principles:

- 1) Precryopreservation total nucleated cell (TNC) and CD34⁺ cell doses must both be considered.
- 2) Selection should be based on high-resolution 8-allele donor-recipient HLA match.
- 3) Selection should be restricted to units of adequate quality.

FAQ2: How Should CB Unit Cell Dose Be Evaluated?

While the importance of TNC dose in CBT is well established, CD34⁺ cell dose is the most reliable predictor of engraftment [13–17]. Consequently, the current standard is to consider both TNC and CD34⁺ cell doses in unit selection [7–11]. Consideration of CD34⁺ cell dose is essential because the TNC and CD34⁺ cell contents of banked units are not strongly correlated [18], and consequently, units with an adequate or even high TNC dose may have intermediate or low CD34⁺ cell content [18,19]. Consideration of TNC dose must remain,

Table 1
Step-by-Step CB Unit Selection Guide in the United States

Step*	Action	Comments
1	Enter patient's high-resolution HLA typing and weight (kg) and sort units in MatchSource®.	2 options for initial unit sorting: I) Sort by CD34 ⁺ cell or TNC dose (better HLA-matched units may appear lower on list). II) Sort by HLA match (lower-dose units may appear higher on list). <i>Note:</i> If sorted by 8-allele HLA match, units in MatchSource® will be listed based on the highest possible HLA match grade.
2	Filter out units with low TNC dose.	Minimum TNC dose: Single-unit grafts: 2.5×10^7 /kg Double-unit grafts: 1.5×10^7 /kg for each unit <i>Note:</i> Higher minimum TNC cell doses are recommended (see step 9).
3	Filter out units with low CD34 ⁺ cell dose. [†]	Minimum CD34 ⁺ cell dose: Single-unit grafts: 1.5×10^5 /kg Double-unit grafts: 1.0×10^5 /kg for each unit <i>Note:</i> Higher minimum CD34 ⁺ cell doses are recommended (see step 9).
4	Filter out units that are highly HLA-mismatched.	Minimum 6-loci (HLA-A, -B antigen, -DRB1 allele) match: 4/6 Minimum 8-allele (HLA-A, -B, -C, -DRB1) HLA match: 4/8
5	Filter out old units.	Units collected 15 years or more ago <i>Note:</i> Older units may be considered.
6	Filter out nonstandard cryopreservation volumes and/or RBC-replete units.	Optimal volume: 24-28 mL (1 bag) or 48-54 mL (2 bags each of 24-28 mL/bag) <i>Notes:</i> - If unit volume ≥ 30 mL, verify it is RBC-depleted (filter out if RBC-replete). - Rarely, unit volumes are listed without including the ~5 mL DMSO (19 to 21 mL). If so, verify the correct cryovolume.
7	Filter out units from non-FACT-accredited CB banks.	Prioritize banks with FACT accreditation to optimize unit quality. <i>Note:</i> Avoidance of certain banks may also be considered (eg, banks unknown to the transplant center).
8	Sort units <i>If the search is difficult, above filters can be relaxed or alternative stem cell sources can be considered.</i>	Two options for unit presentation: I. Sort by CD34 ⁺ cell dose (highest to lowest). or II. Sort by 8-allele HLA match grade (if unit typed or by Haplogenic predictions): 1) List 8/8 HLA-matched units (highest to lowest CD34 ⁺ cell dose). 2) Repeat for 7/8, 6/8, 5/8, 4/8 units (within each match grade sort by dose).
9	Review and select units for confirmatory typing. <i>Units already typed at high resolution can be placed on hold. Will need 1 to 2 units for the graft and 1 to 2 domestic units as backups.</i>	Must consider cell dose, HLA match, and unit quality. 1) Select 4 to 6 (if possible) units with adequate TNC and CD34 ⁺ cell dose/kg and acceptable HLA match. 2) Assess specificities and titers of DSA (if present). <i>Notes:</i> - Minimum cell dose thresholds capture all potentially acceptable units. - Selection of units with higher cell doses is now recommended: Single units: TNC cell dose $\geq 3.0 \times 10^7$ /kg and CD34 ⁺ cell dose $\geq 2.0 \times 10^5$ /kg Double units: CD34 ⁺ cell dose $\geq 1.5 \times 10^5$ /kg for each unit - If the CD34 ⁺ /TNC content ratio is unexpectedly high ($\geq 1.5\%$ to 2%), the listed CD34 ⁺ cell dose should be verified. - How to trade off dose versus HLA match is not well established. If all units have a low cell dose, selection of highly HLA-mismatched units may be necessary to achieve acceptable dose. HLA match can be optimized if multiple high cell dose units are available. - For patients with hematologic malignancies, units that are very well HLA matched (ie, 8/8 HLA-allele matched) may be avoided to reduce the risk of relapse. - For patients with nonmalignant diseases, both cell dose and HLA match need to be optimized. - Units targeted by high DSA titers should be avoided if possible. - Additional center-specific criteria may be applied in final CB unit selection.

* Steps 1 to 5 need to be performed in MatchSource® as of June 2020. Units of interest should then be exported into an Excel file for further sorting and final unit selection.

† Units with adequate CD34⁺ cell dose that do not meet minimum TNC dose criteria may be considered if the CD34⁺/TNC ratio is within an acceptable range. Bank accreditation, processing, and year of cryopreservation must be considered for such units.

however, due to potential interlaboratory variability and lack of standardization of CD34⁺ cell enumeration assays [20]. Rarely, units may be listed with unexpectedly high CD34⁺ cell content, and exclusion of erroneous data entry for such units is recommended. The CD34⁺ cell to TNC content (CD34⁺/TNC) ratio can be used to identify “out-of-range” CD34⁺ cell values that should be confirmed before

final graft selection. An expected median CD34⁺/TNC ratio of 0.34% (interquartile range, 0.23% to 0.48%) has been reported in an analysis of the US inventory [18]. However, a higher ratio of 0.78% (interquartile range, 0.6% to 1.07%) has been observed in units selected for transplantation when CD34⁺ cell dose is also considered in unit selection [21].

FAQ3: What Are the Minimum Cell Dose Criteria for an “Adequate” Single-Unit Graft?

The minimum TNC and CD34⁺ cell dose thresholds for single unit grafts vary between countries and are influenced by additional factors such as HLA mismatch and malignant or nonmalignant CBT indications.

Minimum TNC dose

- The United States uses a minimum TNC dose of $>2.5 \times 10^7/\text{kg}$ [9,10,22], based on studies showing improved engraftment, transplant-related mortality, and survival above this threshold [23–25].
- The United Kingdom and Europe have adopted a minimum dose of $>3.0 \times 10^7/\text{kg}$ for single-unit grafts [7,8,26], given 2 registry studies demonstrated a TNC dose greater than this higher threshold was associated with reduced mortality [27,28].
- Japan has adopted a lower TNC dose threshold of $2.0 \times 10^7/\text{kg}$ [12,29] to extend access to single-unit CBT.
- TNC doses significantly greater than the accepted minimum TNC thresholds of 2.0 to $3.0 \times 10^7/\text{kg}$ have been associated with improved engraftment and potentially lower mortality, especially in the presence of high degrees of HLA disparity [5,24,29–31].
- Higher minimum TNC thresholds (eg, TNC ≥ 4.0 – $5.0 \times 10^7/\text{kg}$) are recommended for CBT for nonmalignant diseases [7,8,32–37].

Minimum CD34⁺ cell dose

The CD34⁺ cell dose is the most critical determinant of hematopoietic recovery [5,12,13,15,19,38–40]. However, an association with survival outcomes has been shown in some [13,39,40] but not all single-unit CBT series [5,12,15,19]. At this time, the minimum acceptable CD34⁺ cell dose threshold is not fully established. Existing US [9,10] and updated Eurocord guidelines [11] accept a minimum CD34⁺ cell dose of $1.5 \times 10^5/\text{kg}$ for single-unit grafts. However, a higher minimum CD34⁺ cell dose is now recommended to mitigate prolonged post-transplant cytopenia (Table 1).

FAQ4: When Is a Double-Unit CB Graft Indicated and How Should It Be Selected?

Patients who lack a suitable single unit can be considered for a double-unit CB (dCB) graft [41,42]. It is well established that 2 units, each considered inadequate as single-unit grafts, can be successfully combined in a double-unit graft [41,42]. Two randomized studies of myeloablative CBT in children and young adults have demonstrated that adding a second unit to an adequate single-unit graft is not beneficial [22,26]. These findings suggest that double-unit CBT (dCBT) should be avoided in patients who have a unit of adequate TNC dose and donor-recipient HLA match [22,26]. However, the 2 trials used different minimum TNC criteria and did not incorporate consideration of CD34⁺ cell dose and 8-allele HLA match. Moreover, caution is required when extrapolating these findings to adults who are more likely to receive reduced-intensity conditioning and therefore may benefit from the potentially enhanced graft-versus-leukemia effects associated with double-unit grafts [43,44]. Use of 2 units also increases the chance of at least 1 unit with optimal engraftment potential being infused.

FAQ5: What Are the Minimum TNC and CD34⁺ Cell Doses for a Double-Unit CB Graft?

Both TNC and CD34⁺ cell doses are important in dCBT [16,45–50]. Historically, a TNC dose $\geq 1.5 \times 10^7/\text{kg}$ and a CD34⁺ cell dose $\geq 1 \times 10^5/\text{kg}$ for each unit in a dCB graft have been the accepted minimum thresholds so as to extend transplant access to the majority of patients [7–9,11]. However, a higher minimum CD34⁺ cell dose for each unit is now recommended (Table 1). In dCBT, while 1 unit will typically provide long-term hematopoiesis, the dominant unit cannot be reliably predicted at the time of selection [49]. Therefore, the characteristics of both units are equally important and identical selection criteria should be applied to each unit. There are no data to support the consideration of the combined unit cell dose in dCB graft selection.

FAQ6: How Should Donor-Recipient HLA Match Be Evaluated?

Donor-recipient HLA match of CB units should be evaluated at 6 HLA loci (HLA-A, -B antigen, -DRB1 allele-level typing) and 8 HLA loci (HLA-A, -B, -C, -DRB1 allele-level resolution).

FAQ7: What Is the Minimum Required Donor-Recipient HLA Match?

Historically, unit-recipient HLA matching has been based on HLA-A, -B antigen, -DRB1 allele-level typing (6-loci HLA match grade) [9,51], with the exception of Japan, which accepts antigen-level HLA typing for all 6 loci [12]. However, a minimum of 8-loci HLA-A, -B, -C, -DRB1 allele-level typing (8-allele HLA match grade) is now required in Europe [11], the United Kingdom [7], and the United States [9,10].

HLA -A, -B antigen, -DRB1 allele HLA match (6-loci HLA match grade)

A minimum requirement of donor-recipient 4/6-loci HLA match has been widely accepted [7–11,22,23,26,51,52]. In CBT for hematologic malignancies, HLA mismatch has been associated with inferior engraftment, as well as increased risk of graft-versus-host disease and potentially transplant-related mortality [4,12,13,23,30,52,53], but also lower relapse risk [4,12,52,53]. Consequently, a higher degree of HLA disparity at 6 loci has been associated with inferior survival in some single-unit CBT studies [13,23,30,53] but not in others [4,5,12,22,25,52,54]. One study has suggested that the deleterious effect of HLA mismatch on survival is limited to children [29].

HLA-A, -B, -C, -DRB1 allele HLA match (8-allele HLA match grade)

In CBT for malignant diseases, a higher degree of 8-allele HLA mismatch has been associated with inferior engraftment, higher rates of acute graft-versus-host disease and transplant-related mortality, but also a lower incidence of relapse [5,27,55]. Inferior survival has been observed only with $<4/8$ HLA-matched grafts [5,27] or $<5/8$ HLA-matched grafts in children [5]. Consequently, avoidance of units that are $<4/8$ HLA allele matched is generally recommended [9,10], if possible.

HLA match in double-unit CBT

Presently, the recommendations for the minimum 6-loci HLA match of each unit of a dCB graft are the same as for single units. Several studies have shown either no detrimental effect, or even benefit, of higher degrees of HLA-allele mismatch on survival post-dCBT [48,56–58]. Consequently, a minimum donor-recipient 8-allele HLA match requirement is not well

established in dCBT. The unit-unit HLA match does not need to be considered in dCBT [59].

Nonmalignant diseases

In CBT for nonmalignant diseases, prioritization of well-matched units at the HLA allele level is recommended as it has been associated with improved outcomes [6,60,61].

Other HLA match considerations

Finally, for all populations, there are insufficient or conflicting data regarding CBT outcomes according to locus-specific HLA mismatches [12,27,28,62–64], direction of mismatch [65–68], or 10 or 12 HLA allele level matching [64,69]. It is also not practical to consider noninherited maternal antigen or inherited paternal antigen matching in most patients [70–73].

FAQ8: How Should Unit Quality Be Evaluated?

Unit quality is determined by banking practices and will be influenced by processing and cryopreservation techniques. The goal is to select units of high quality to maximize post-thaw cell dose recovery and potency and, thereby, the engraftment potential. The following characteristics must be considered:

Bank accreditation and licensure

Standardization of banking practices is crucial to ensure consistent product quality and reliability of testing results such as the correlation between pre- and post-thaw viable CD34⁺ cell content [16]. Accordingly, banks accredited by the Foundation for the Accreditation of Cellular Therapy (FACT) are preferred [9,10]. In the United States, Food and Drug Administration (FDA) licensure is associated with high quality. FDA regulations ensure safety, identity, potency, and product purity, and provide assurance that all steps from collection to unit release undergo rigorous monitoring and results meet predetermined standards. Nonlicensed units banked under similar conditions are also acceptable [6].

Cryopreservation volume

Most automated processing systems have a predefined, standardized final volume (approximately 25 mL with DMSO, or 50 mL in two 25-mL bags). In contrast, the volumes of manually processed units vary. Units with nonstandard cryovolumes have been associated with lower post-thaw viability and, consequently, inferior engraftment potential [16,74].

Red Blood Cell content

Red blood cell (RBC)-replete units are no longer recommended given the increased likelihood of serious infusion reactions [6,75]. Additionally, washing these units can lead to significant cell loss given the lack of a clear interface after centrifugation. RBC-replete units usually have larger cryopreservation volumes. RBC-depleted units with standard cryovolumes that result from automated processing are preferred.

Year of collection

It is well documented that CB potency and engraftment potential are preserved after many years of cryopreservation [16,76–78]. However, most centers consider unit age in selection as banking practices have improved over time, and recent units (ie, those collected in the past 10 to 15 years) are more likely to have undergone more optimized procedures and testing compared to those collected in earlier years.

Post-thaw segment potency

Evaluation is not widely standardized. NetCord-FACT specifications require a minimum thawed segment CD34⁺ cell viability $\geq 70\%$. However, transplantation of units with a higher minimum segment CD34⁺ cell viability of $\geq 80\%$ by flow cytometry is preferred, and units with lower viability should potentially be avoided.

FAQ9: What Are Other Measures of Unit Quality?

- Unit identity should be verified by HLA confirmatory typing (or a similar DNA-based assay) of an attached segment.
- Donor eligibility is based on maternal risk factors and maternal infectious disease marker screening. Units from ineligible donors can be used based on FDA requirements of “Urgent Medical Need” after evaluating the potential risk associated with the reason for ineligibility versus the potential benefit of CBT with these unit(s), relative to other units or options for therapy.

FAQ10: Are Units Targeted by Donor-Specific HLA Antibodies Contraindicated?

The impact of donor-specific HLA antibodies (DSAs) on engraftment after CBT for hematologic malignancies is controversial, but points to consider include the following:

- Some [8,79–83] but not all [84,85] studies suggest the presence of DSAs increases the risk for graft failure.
- DSA number, titer, locus specificity, and complement binding capacity of the DSA, as well as the graft cell dose, must be considered on a case-by-case basis [86,87].
- Additional important factors include recipient diagnosis, patient’s prior immunosuppressive therapy, and planned conditioning intensity because they will also influence the potential for graft rejection.
- Consideration of DSAs should not significantly compromise the cell dose of the selected graft.
- Antibody debulking strategies are not standardized and cannot be relied upon to guarantee engraftment.

In CBT for nonmalignant diagnoses, DSA-targeted units should be avoided.

FAQ11: What Factors Do Not Need to Be Taken into Consideration in Unit Selection?

ABO mismatch has not been established as a determinant of inferior survival in CBT [88–91]. Also, as the importance of killer cell immunoglobulin-like receptor (KIR) typing in CBT remains inconclusive, it should not be included in unit selection at this time [92–97]. Other unit characteristics that do not require consideration are nucleated RBC content and donor sex or ancestry.

FAQ12: What Are the Practical Steps in CB Unit Selection?

A suggested step-by-step guide to the process of CB search and ultimate graft selection is shown in Table 1. Selection steps may be further modified by transplant centers according to expertise and center-specific needs.

FAQ13: Should Cell Dose or HLA Match Take Priority in CB Graft Selection?

How to prioritize cell dose versus HLA match in CB graft selection is unknown. While analyses have evaluated the

relative importance of TNC dose and 4-6/6 HLA match [29,30,53], information as to the relative importance of CD34⁺ cell dose versus 8-allele HLA match is limited [5]. Moreover, it is important to make a distinction between the minimal acceptable cell dose or HLA match versus what is considered optimal.

In patients (such as many children and some adults with common haplotypes) who have several units with high cell doses (eg, TNC $\geq 3 \times 10^7$ /kg and CD34⁺ cells $\geq 2 \times 10^5$ /kg), HLA match can be prioritized. Conversely, for most adults and some larger children, cell dose may need to take priority over HLA match, and double-unit grafts may be needed. In patients with difficult searches, achieving an adequately dosed graft may mandate the transplantation of units with a high degree of HLA mismatch. Avoidance of very well matched units (ie, 8/8 HLA allele matched) in patients with hematologic malignancies may also be considered due to the increased risk of relapse [5,55]. In contrast, in patients with nonmalignant diseases, optimization of HLA match is very important [60].

Overall, expert centers agree that TNC and CD34⁺ cell dose thresholds that are higher than the minimum should be considered to minimize the risk of graft failure and avoid protracted post-transplant cytopenia (Table 1). Also, many centers will restrict selection to units with a donor-recipient HLA match of at least 4/8.

FAQ14: What Are Important Future Considerations in CB Unit Selection?

There are many unanswered questions in CB unit selection. Two of the most common are how to prioritize cell dose versus HLA match and the criteria for choosing single- versus double-unit grafts. Whether CB expansion will permit the safe transplantation of lower cell dose but better HLA-matched units is also unknown.

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